



PERMISSIBLE ACTIVITIES FOR *OUTSIDE CONSULTANTS* (per Bylaw 11.7.1.1 below):

- In-service training for the coaching staff.
 - Cannot attend/observe practices prior to, or during the in-service training
 - Cannot view or analyze video as part of in-service training
 - Cannot participate in game planning (actual strategy) as part of the in-service training
 - Can watch a game or competition and provide feedback
- Recommend training sessions or programs for the coaching staff to use in practice sessions with student-athletes.
- Voluntary workouts with student-athletes only if the following criteria are met:
 - CU is not involved in any way in arranging for such activity.
 - The instruction does not occur at a CU facility (either during voluntary workouts or during regular CU practice sessions).
 - The student-athletes pay all fees (at the going rate) associated with the activity and the student-athletes do not receive preferential compensation arrangements (e.g., discount rate, deferred payments) not available to the general public.

PERMISSIBLE ACTIVITIES FOR *SPORTS PSYCHOLOGISTS*

- Athletics Department can hire a sports psychologist to work with student-athletes as long as the individual does not engage in any on-field or off-field coaching activities.
 - Work with student-athletes must occur in a classroom setting only
 - Meeting with the sports psychologist cannot be required, unless you count as CARA
- Sport Psychologist may evaluate a student-athlete during a practice session only to assist the student-athlete in off-court or off-field non-coaching activities directly related to the sport.
 - Non-coaching activities must occur in a classroom setting and can include things such as working on relaxation, visualization, techniques for coping with anxiety, etc.

IMPERMISSIBLE ACTIVITIES FOR *OUTSIDE CONSULTANTS*

- Any coaching activities.
 - Attending/observing practices and providing analysis of such sessions to coaching staff members.
 - Even if it's for the purpose of in-service training
 - On- or off-field/court activities or skill instruction involving student-athletes.
 - However can be done off-field if it meets the criteria outlined above for voluntary workouts
 - Formulating game plans.
 - Analyzing videotape or film involving CU's team or an opponent.
 - Teaching skills of the sport even in a classroom setting.
- Any recruiting activities.

The Bottom Line – Each sports program has coaching limitations and someone from outside the sports program cannot assume the role of a coach or substitute for a coach, even temporarily.



BYLAWS/INTERPRETATIONS REFERENCED

NCAA Bylaw 11.7.1.1 - Countable Coach.

An institution may use or arrange for a temporary consultant to provide in-service training for the coaching staff, but no interaction with student-athletes is permitted unless the individual is counted against the applicable coaching limits. An outside consultant may not be involved in any on- or off-field or on- or off-court coaching activities (e.g., attending practices and meetings involving coaching activities, formulating game plans, analyzing videotape or film involving the institution's or opponent's team) without counting the consultant in the coaching limitations in that sport. (*Adopted: 1/10/92; Revised: 3/10/04*)

Use of outside consultants

Date Issued: Jul 19, 1991

Type: Staff Interpretation

Reviewed Bylaw 11.7.1.1.1 (definition of countable coach) and 91/01/31 Interpretations Committee minutes, Item No. 3, and confirmed that a member institution may not utilize a consultant from outside the institution who is involved in any on-court or on-field activities or instruction, including teaching skills of the sport in a classroom setting, without counting the consultant in the coaching limitations in that sport.

Use of Sports Psychologist

Date Issued: February 2, 2015

Type: Official Interpretation

The committee confirmed that a sports psychologist may attend practice sessions without being included in the institution's coaching limitations in a particular sport, provided the individual does not provide any technical or tactical instruction related to the sport or make or assist in making tactical decisions related to the sport during on-court or on-field practice or competition. A sports psychologist may evaluate a student-athlete during a practice session only for the purposes of assisting the student-athlete in off-court or off-field noncoaching activities (e.g., mental imagery) directly related to the sport; however, if a student-athlete is required to meet with the sports psychologist, such a meeting is considered a countable athletically related activity.

Further, an institution may require a student-athlete to meet with a sports psychologist as a permissible out-of-season conditioning activity for the purposes of assisting the student-athlete in off-court or off-field noncoaching activities (e.g., mental imagery) directly related to the sport, provided the time engaged in such sessions is included in the maximum limit of eight hours per week for countable athletically related activities outside the playing season. In bowl subdivision football, the sports psychologist does not have to count as one of the five strength and conditioning coaches permitted to work with the football program in any capacity.